

# Radiolytic study of $\alpha$ -tocopherol oxidation in ethanolic solution

D. Jore and C. Ferradini

*Laboratoire de Chimie Physique, Université René Descartes, 45, rue des Saints-Pères, 75270 Paris Cedex 06, France*

Received 31 January 1985

$\alpha$ -Tocopherol in aerated ethanolic solution is oxidized by  $\text{H}_3\text{C}-\text{CH}-\text{O}_2^\cdot$  radicals produced by  $\gamma$ -radiolysis.



The nature of the final product and the kinetic scheme are discussed.

$\alpha$ -Tocopherol    Vitamin E    Antioxidant effect     $\gamma$ -Radiolysis    Peroxide radical

## 1. INTRODUCTION

$\alpha$ -Tocopherol ( $\alpha$ TH, fig.1), the most important component of vitamin E, plays biologically an antioxidant role by preventing the membranes from peroxidation [1,2]. It is generally believed that this activity is related to the scavenging of unsaturated fatty acid peroxide radicals in the membranes. Very little work has been done concerning the action of simple model peroxide radicals ([3,4] and references quoted therein). We projected to study the reaction of  $\text{H}_3\text{C}-\text{CH}-\text{O}_2^\cdot$  ( $\text{RO}_2^\cdot$ ) radicals ob-



tained by  $\gamma$ -radiolysis of aerated ethanol with dissolved  $\alpha$ -tocopherol.

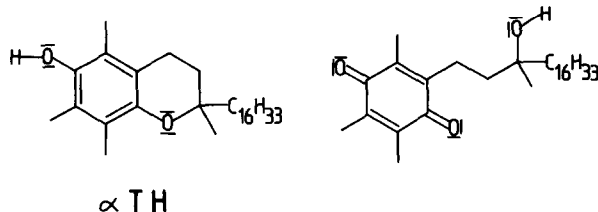


Fig.1.  $\alpha$ -Tocopherol ( $\alpha$ TH) and  $\alpha$ -tocopheryl quinone.

*Abbreviation:*  $\alpha$ TH,  $\alpha$ -tocopherol

This study involves two main points: (i) the characterization of the final product; (ii) the mechanism of its formation.

## 2. MATERIALS AND METHODS

DL- $\alpha$ -Tocopherol was purchased from Merck. The absolute ethanol used was a Prolabo normapur analytical reagent.  $\alpha$ TH titrations were made on a Beckman model 35 spectrophotometer with a 1 cm optical pathway. We established that Beer's law is verified up to  $[\alpha\text{TH}] = 5.5 \times 10^{-4} \text{ mol} \cdot \text{l}^{-1}$  ( $\epsilon_{292} = 3.15 \times 10^3 \text{ mol}^{-1} \cdot \text{l} \cdot \text{cm}^{-1}$ ). Water was triply distilled and its purity controlled by conductivity measurements ( $\leq 10^{-6} \Omega^{-1} \cdot \text{cm}^{-1}$ ). The vessels for irradiation were heated at  $400^\circ\text{C}$  for 4 h after washing.  $\gamma$ -irradiations were made in a  $^{60}\text{Co}$  irradiator. Its dosimetry was determined by Fricke's method (radiooxidation of  $\text{H}_2\text{SO}_4$  0.4  $\text{mol} \cdot \text{l}^{-1}$  ferrous sulfate solutions under air atmosphere) taking  $\lambda_{\text{max}} (\text{Fe}^{3+}) = 304 \text{ nm}$ ,  $\epsilon_{304} = 2204 \text{ mol}^{-1} \cdot \text{l} \cdot \text{cm}^{-1}$  at  $25^\circ\text{C}$  and  $G = 15.6$  molecules/100 eV. The doses were provided at a rate of  $\approx 2 \times 10^{18} \text{ eV} \cdot \text{cm}^{-3} \cdot \text{h}^{-1}$  (32  $\text{krad} \cdot \text{h}^{-1}$  or 320  $\text{Gy} \cdot \text{h}^{-1}$ ), and their values were used for calculation of the yields without any correction. The mass spectra of the final product were carried out on a Ribermag R 10-10 C device.

### 3. RESULTS

#### 3.1. Irradiations

Aerated  $\alpha$ TH ethanolic solutions were irradiated for different concentrations  $[\alpha\text{TH}]_0$  between  $7.9 \times 10^{-6}$  and  $5.4 \times 10^{-4} \text{ mol} \cdot \text{l}^{-1}$ .

Fig.2 shows as an example the differential absorption spectra obtained for some solutions ( $[\alpha\text{TH}]_0 = 1.1 \times 10^{-4} \text{ mol} \cdot \text{l}^{-1}$ ) irradiated in the conditions described above at different doses. The inset indicates some values of differential optical density versus irradiation dose. It can be observed that as the absorption at 292 nm due to  $\alpha$ TH decreases, a new absorption maximum appears at 242 nm. Due to the two very clear isobestic points, it can be admitted that  $\alpha$ TH is converted into a single product (P), whose molar absorption coefficient can therefore be calculated:  $\epsilon_{242} = 8.6 \times 10^3 \text{ mol}^{-1} \cdot \text{l} \cdot \text{cm}^{-1}$ , knowing  $\epsilon_{242}(\alpha\text{TH}) = 7 \times 10^2 \text{ mol}^{-1} \cdot \text{l} \cdot \text{cm}^{-1}$ . The initial yield  $G(P)$  can also be worked out:  $G(P) = 2 \text{ molecules}/100 \text{ eV}$  for the considered concentration  $[\alpha\text{TH}]_0$ . This was repeated for different values of  $[\alpha\text{TH}]_0$  chosen in the considered range. Fig.3 shows the obtained yields plotted vs  $[\alpha\text{TH}]_0$ . This dilution curve points out a constant yield  $G(P) = 2.4 \text{ molecules}/100 \text{ eV}$  for  $[\alpha\text{TH}]_0 \geq 2 \times 10^{-4} \text{ mol} \cdot \text{l}^{-1}$ .

The mass spectra attributed to P an  $M_r$  of 474.

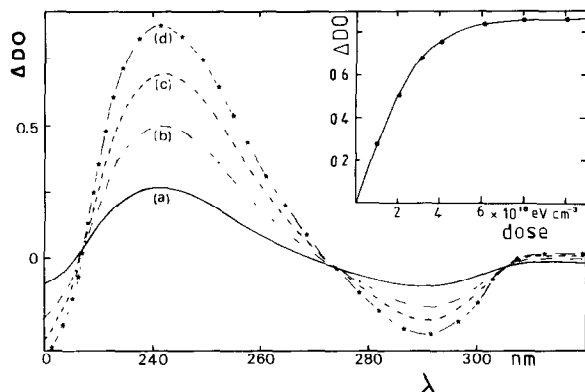


Fig.2. Differential absorption spectra of  $\alpha$ -tocopherol ethanolic solutions irradiated under air.  $[\alpha\text{TH}]_0 = 1.1 \times 10^{-4} \text{ mol} \cdot \text{l}^{-1}$ . Reference: initial solution. Curves: (a)  $1.03 \times 10^{18} \text{ eV} \cdot \text{cm}^{-2}$ , (b)  $2.12 \times 10^{18} \text{ eV} \cdot \text{cm}^{-2}$ , (c)  $3.18 \times 10^{18} \text{ eV} \cdot \text{cm}^{-2}$ , (d)  $8.04 \times 10^{18} \text{ eV} \cdot \text{cm}^{-2}$ . Dose rate:  $2 \times 10^{18} \text{ eV} \cdot \text{cm}^{-2} \cdot \text{h}^{-1}$ . Inset: Differential optical density plotted vs dose for  $\lambda = 242 \text{ nm}$ .

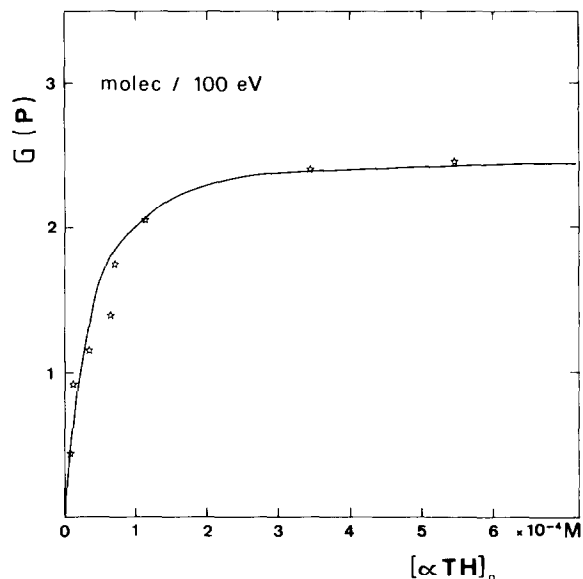


Fig.3. Dilution curve. Experimental points and calculated curve (see section 4 for kinetic scheme).

#### 3.2. Nature of the product obtained in acid medium

To determine the nature of (P), the action of  $\text{H}_2\text{SO}_4$  during and after irradiation was studied. We previously checked that  $\text{H}_2\text{SO}_4$  did not react with  $\alpha\text{TH}$ .

The  $\alpha\text{TH}$  solutions ( $[\alpha\text{TH}]_0 = 2.1 \times 10^{-4} \text{ mol} \cdot \text{l}^{-1}$ ,  $[\text{H}_2\text{SO}_4] = 1 \times 10^{-4} \text{ mol} \cdot \text{l}^{-1}$ ) were irradiated. In this case, the solvent was a mixture,  $\text{C}_2\text{H}_5\text{OH}/\text{H}_2\text{O}$  with 30% water in volume.

Fig.4 shows as an example the differential spectra obtained for different doses. A maximum of absorption typical of  $\alpha\text{TH}$  quinone (fig.1) appears between 262 and 269 nm ( $\epsilon_{269} = 1.9 \times 10^4 \text{ mol}^{-1} \cdot \text{l} \cdot \text{cm}^{-1}$ ) as described recently in analogous conditions [5], whereas in neutral medium, in the same solvent, the obtained product is identical to (P). (P) prepared by radiolysis in absolute ethanol was submitted to reaction with an equivalent quantity of  $\text{H}_2\text{SO}_4$ . As a result, fig.5 shows the evolution with respect to time of the absorption spectra of a mixture  $[\text{P}]_0 = 1.3 \times 10^{-4} \text{ mol} \cdot \text{l}^{-1}$  and  $[\text{H}_2\text{SO}_4] = 1.3 \times 10^{-4} \text{ mol} \cdot \text{l}^{-1}$  (solvent:  $\text{C}_2\text{H}_5\text{OH}/\text{H}_2\text{O}$  with 30% water in volume). The absorption at 242 nm decreases while the absorption at 262–269 nm increases.

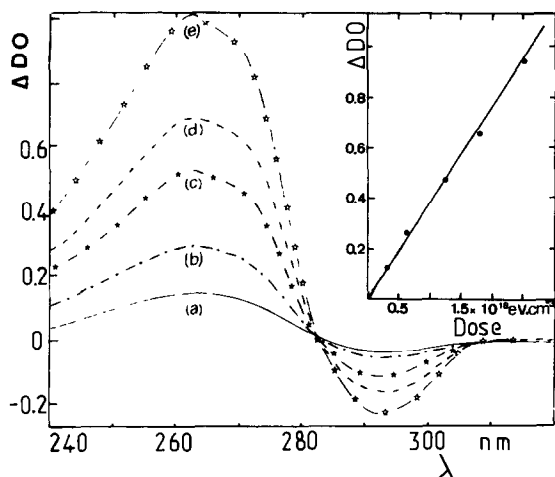


Fig.4. Differential absorption spectra of aerated  $\alpha$ -tocopherol solutions irradiated with  $\text{H}_2\text{SO}_4$ .  $[\alpha\text{TH}]_0 = 2.1 \times 10^{-4} \text{ mol}\cdot\text{l}^{-1}$ ,  $[\text{H}_2\text{SO}_4] = 1 \times 10^{-4} \text{ mol}\cdot\text{l}^{-1}$ . Solvent: ethanol/ $\text{H}_2\text{O}$  with 30% water in volume. Reference: initial solution. Curves: (a)  $2.9 \times 10^{17} \text{ eV}\cdot\text{cm}^{-3}$ , (b)  $6.1 \times 10^{17} \text{ eV}\cdot\text{cm}^{-3}$ , (c)  $1.2 \times 10^{18} \text{ eV}\cdot\text{cm}^{-3}$ , (d)  $1.8 \times 10^{18} \text{ eV}\cdot\text{cm}^{-3}$ , (e)  $2.5 \times 10^{18} \text{ eV}\cdot\text{cm}^{-3}$ . Dose rate:  $1.8 \times 10^{18} \text{ eV}\cdot\text{cm}^{-3}\cdot\text{h}^{-1}$ . Inset: Differential optical density plotted vs dose for  $\lambda = 269 \text{ nm}$ .

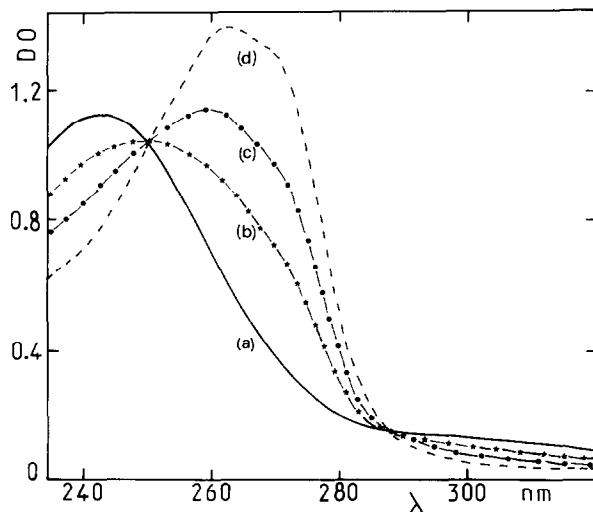


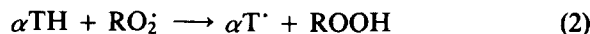
Fig.5. Evolution with respect to time of the absorption spectra of a mixture:  $[\text{P}] = 1.3 \times 10^{-4} \text{ mol}\cdot\text{l}^{-1}$ ,  $[\text{H}_2\text{SO}_4] = 1.3 \times 10^{-4} \text{ mol}\cdot\text{l}^{-1}$ . Solvent: ethanol/water with 30% water in volume. Curves: (a) initial solution, (b) after 10 min, (c) after 20 min, (d) after 95 min.

#### 4. DISCUSSION

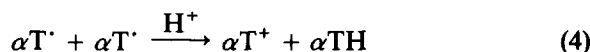
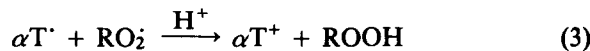
$\gamma$ -radiolysis of absolute ethanol provides  $\text{H}_3\text{C}-\dot{\text{C}}\text{H}-\text{OH}(\text{R}^\cdot)$  radicals with a yield  $G_{\text{R}^\cdot} \approx G_{\text{H}^\cdot} + G_{\text{e}^-}$  ( $= 4.3 \text{ molecules}/100 \text{ eV}$ ) [6,7]. Preliminary tests showed that the  $\text{R}^\cdot$  radicals produced by radiolysis of  $\text{N}_2\text{O}$ -saturated ethanolic solutions do not react with  $\alpha\text{TH}$ . Under air, the  $\text{R}^\cdot$  radicals scavenge oxygen according to reaction 1 at a diffusion-controlled rate [8]:



The observed value for the plateau of the dilution curve (fig.3)  $G(\text{P}) = 2.4 \text{ molecules}/100 \text{ eV}$ , near to  $G_{\text{R}^\cdot}/2$  leads us to propose the following mechanism for the oxidation of  $\alpha\text{TH}$ : first,  $\alpha\text{TH}$  reacts with  $\text{RO}_2^\cdot$  radicals (eqn 2):



The obtained  $\alpha\text{T}^\cdot$  radical may react with  $\text{RO}_2^\cdot$  (eqn 3) and/or disproportionate (eqn 4):



$\alpha\text{T}^+$  is considered as the precursor of P and we will suppose that finally  $[\text{P}] = [\alpha\text{T}^+]$  (see below).

These reactions explain the value of the observed plateau. For lower concentrations ( $[\alpha\text{TH}]_0 < 2 \times 10^{-4} \text{ mol}\cdot\text{l}^{-1}$ ), reaction 5:



competes with reactions 2 and 3 and lowers the  $G(\text{P})$  value.

Taking  $k_1 = 4.6 \times 10^9 \text{ mol}^{-1}\cdot\text{l}\cdot\text{s}^{-1}$  [8] and  $2k_5 = (7 \pm 2) \times 10^8 \text{ mol}^{-1}\cdot\text{l}\cdot\text{s}^{-1}$  [9], the above kinetic scheme allows the calculation of  $[\alpha\text{T}^+]$  at different times. Fig.6 shows, for various concentrations  $[\alpha\text{TH}]_0$ , the evolution of the calculated concentration  $[\alpha\text{T}^+]$  with:

$$k_2 = 9.1 \times 10^4 \text{ mol}^{-1}\cdot\text{l}\cdot\text{s}^{-1}$$

$$k_3 = 2.5 \times 10^6 \text{ mol}^{-1}\cdot\text{l}\cdot\text{s}^{-1}$$

$$k_4 = 1 \times 10^4 \text{ mol}^{-1}\cdot\text{l}\cdot\text{s}^{-1}$$

which is in the best agreement with the experimental results. It can be observed that  $[\alpha\text{T}^+]$  varies linearly as a function of time when the steady

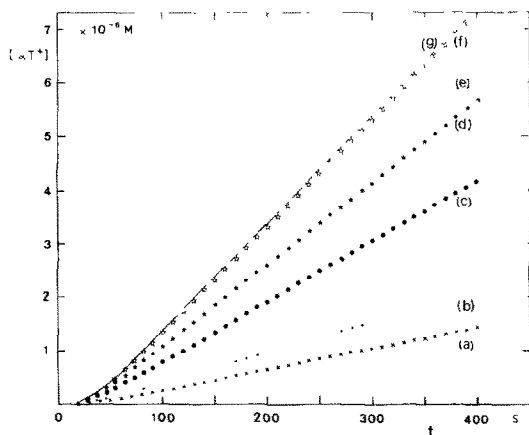


Fig. 6. Evolution of calculated  $[\alpha T^+]$  with respect to time for different concentrations  $[\alpha TH]_0$ . Curves: (a)  $7.9 \times 10^{-6} \text{ mol} \cdot \text{l}^{-1}$ , (b)  $1.3 \times 10^{-5} \text{ mol} \cdot \text{l}^{-1}$ , (c)  $3.5 \times 10^{-5} \text{ mol} \cdot \text{l}^{-1}$ , (d)  $6.5 \times 10^{-5} \text{ mol} \cdot \text{l}^{-1}$ , (e)  $1.1 \times 10^{-4} \text{ mol} \cdot \text{l}^{-1}$ , (f)  $3.4 \times 10^{-4} \text{ mol} \cdot \text{l}^{-1}$ , (g)  $5.4 \times 10^{-4} \text{ mol} \cdot \text{l}^{-1}$ .

states ( $\alpha T^+$ ) and ( $RO_2$ ) are reached ( $t > 30 \text{ s}$ ). The slopes of the linear parts of these curves indicate the yields  $G(\alpha T^+) = G(P)$  and were used to draw the dilution curve of fig. 3 which, as can be seen, fits the experimental points perfectly.

The stable final product P corresponds neither to the quinone epoxide obtained by photolysis of  $\alpha TH$  [10] (different  $M_r$ ), nor to  $\alpha TH$  quinone ( $\lambda_{\max}$  is different), nor to unstable 8-hydroxy- $\alpha$ -tocopherone [11] (different  $M_r$ ). The  $M_r$  (474) together with the results obtained with  $H_2SO_4$  allow us to suggest for P the structures  $\alpha TOC_2H_5$  (fig. 7).

P could be obtained by the fast and stoichiometrical reaction of  $\alpha T^+$  with ethanol:

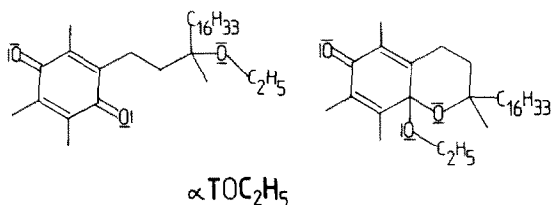
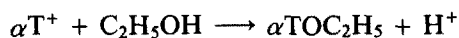
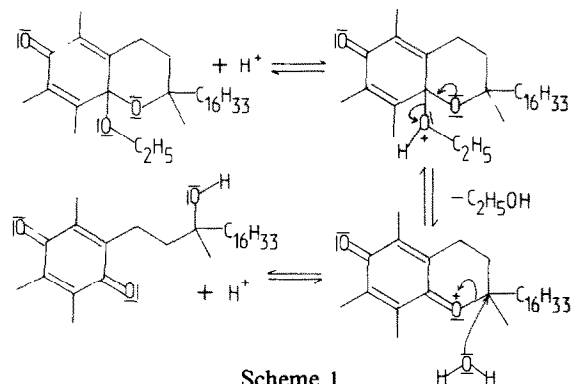


Fig. 7. Proposed structures for P ( $\alpha TOC_2H_5$ ).



$\alpha TOC_2H_5$  in aqueous acid medium is converted into  $\alpha$ -tocopheryl quinone; the following mechanism may summarize this nucleophilic substitution (scheme 1).

In conclusion, this work proves that  $\alpha TH$  does not react with the  $R^+$  radicals obtained radiolytically from ethanol, but does react with the  $RO_2$  radicals ( $k_2 = 9.1 \times 10^4 \text{ mol}^{-1} \cdot \text{l} \cdot \text{s}^{-1}$ ). The  $\alpha T^+$  obtained reacts in turn with  $RO_2$  ( $k_3 = 2.5 \times 10^6 \text{ mol}^{-1} \cdot \text{l} \cdot \text{s}^{-1}$ ) or disproportionates ( $k_4 = 1 \times 10^4 \text{ mol}^{-1} \cdot \text{l} \cdot \text{s}^{-1}$ ). This value of rate constant  $k_{\alpha T^+ + \alpha T^+}$  is in agreement with that determined by Bielski et al. [12], in a study of the reaction of  $HO_2$  with  $\alpha TH$  in different conditions by the stopped-flow technique:  $k_{\alpha T^+ + \alpha T^+} = 3.6 \times 10^3 \text{ mol}^{-1} \cdot \text{l} \cdot \text{s}^{-1}$ . For each concentration  $[\alpha TH]_0$  studied, the values of  $[\alpha T^+]$  and  $[RO_2]$  could be calculated for the steady state: for example, if  $[\alpha TH]_0 = 3.4 \times 10^{-4} \text{ mol} \cdot \text{l}^{-1}$ ,  $[\alpha T^+] = 1.3 \times 10^{-6} \text{ mol} \cdot \text{l}^{-1}$  and  $[RO_2] = 1.2 \times 10^{-9} \text{ mol} \cdot \text{l}^{-1}$ . This allows one to estimate in this case the rates of reactions 3 and 4:  $3.9 \times 10^{-9} \text{ mol} \cdot \text{l}^{-1} \cdot \text{s}^{-1}$  and  $1.7 \times 10^{-8} \text{ mol} \cdot \text{l}^{-1} \cdot \text{s}^{-1}$ , respectively. Therefore, it seems that  $\alpha T^+$  will rather disappear by disproportionation, but reaction 3 cannot be neglected completely.  $\alpha T^+$  reacts with ethanol and leads to  $\alpha TOC_2H_5$  ( $M_r$  474), which can be easily converted into  $\alpha$ -tocopheryl quinone by nucleophilic substitution in aqueous acid medium.

## ACKNOWLEDGEMENTS

We wish to thank N. Sellier and J. Mauroy for mass-spectroscopy analysis, and C. Houée-Levin for calculation program setting.

## REFERENCES

- [1] De Duve, C. and Hayaishi, O. (1978) *Tocopherol, Oxygen and Biomembranes*, Elsevier/North-Holland, Amsterdam.
- [2] Witting, L.A. (1980) in: *Free Radicals in Biology* (Pryor, W.A. ed.) vol.4, pp.295–319.
- [3] Burton, G.W. and Ingold, K.U. (1981) *J. Am. Chem. Soc.* 103, 6472–6477.
- [4] Burton, G.W., Joyce, A. and Ingold, K.U. (1983) *Arch. Biochem. Biophys.* 221, 281–290.
- [5] Fukuzawa, K. and Gebicki, J.M. (1983) *Arch. Biochem. Biophys.* 226, 242–251.
- [6] Freeman, G.R. (1974) *Radiation Chemistry of Ethanol*, Nat. Stand. Ref. Data Serv., Nat. Bur. Stand. (USA), 48 (NSRDS-NBS 48).
- [7] Freeman, G.R. (1982) in: *The Study of Fast Processes and Transient Species by Electron Pulse Radiolysis* (Baxendale, J.H. and Busi, F. eds) pp.399–416.
- [8] Adams, G.E. and Willson, R.L. (1969) *Trans. Faraday Soc.* 63, 2981–2987.
- [9] Bothe, E., Schuchmann, M.N., Schulte-Frohlinde, D. and Von Sonntag, C. (1983) *Z. Naturforsch.* 38b, 212–219.
- [10] Clough, R.L., Yee, B.G. and Foote, C.S. (1979) *J. Am. Chem. Soc.* 101, 683–686.
- [11] Nishikimi, M., Yamada, H. and Yagi, K. (1980) *Biochim. Biophys. Acta* 627, 101–108.
- [12] Arudi, R.L., Sutherland, M.W. and Bielski, B.H.J. (1983) in: *Oxy Radicals and their Scavenger Systems* (Cohen, G. and Greenwald, R.A. eds) vol.1, pp.26–31.